

Middle South East Cafe

BREAKFAST (all day)

Fruit Toast	\$9
Fruit and nut bread served with a side of whipped honey ricotta and jam	
Eggs On Toast	\$10
Organic toast and free range eggs. Either poached, scrambled or fried	
Avocado Toast	\$14
Organic sourdough served with crushed avocado, pomegranate and zataar oil *add two poached eggs + \$5	
Classic	\$20
Poached eggs on toast with crushed avocado, lime, fetta, beetroot labne, dukkah & zataar oil *add bacon or salmon + \$5.5	
Eggs Benedict	\$20
Slow cooked pork, wilted spinach, poached eggs, harissa hollandaise sauce served on a potato rosti with a pomegranate drizzle	
Middle South Eggs	\$20
Middle eastern sauce, fetta, sujuk, zaatar bread and poached eggs	
Homage To Teta	\$20
Herbed chilli scrambled eggs, zaatar bread, beetroot labne, aromatic filled zucchini, mushrooms, mujadara, tomato medley & hummus *add halloumi or sujuk + \$5.5	
Eastern Patties (gluten free)	\$20
Sweet potato & chickpea patties, bacon, grilled halloumi, arak tomato with poached eggs and herb zhug sauce	
Garden Of Eden (vegan and gluten free)	\$21
Aromatic filled zucchini, eastern patties, smashed avocado, mujadara, mushrooms & hummus	
Sahtein Superfood Salad (gluten free)	\$18
Kale leaves, carrots, quinoa grains, buckini & almond crumble, chilli corn salsa, broccolini, sugar snap peas, avocado, hummus and a poached egg *add chicken + \$5.5	
Corn Fritters (gluten free)	\$21
House made corn fritters served with crushed avocado, smoked salmon, goats cheese, pomegranates and two poached eggs	
Waffles	\$17
Blueberry mousse, almond praline, mascarpone cheese, fresh berries & maple syrup	

Extras

Sourdough, turkish or GF slice toast/ extra egg	\$2.5
Wilted spinach / mushrooms / arak tomato	\$4.0
Fetta / avocado / hollandaise / baked beans	\$5.5
halloumi / eastern patty / potato rosti	\$5.5
Sujuk sausage / bacon / salmon / chicken	\$5.5

LUNCH (from 10:00 am)

Fish For One	\$27
Pan seared barramundi fillet served with scented rice, harissa avocado mousse and sautéed greens	
Middle Parma	\$24
Panko crumbed chicken fillet, topped with napoli sauce, grilled halloumi and smoked eggplant salsa. Served with hand cut chips and greens.	
Middle Burger	\$19
Wagyu beef patty, caramelised onions, cabbage slaw, beetroot, smoked cheddar, chipotle mayo & sweet potato chips.	
Halloumi Burger	\$19
Grilled halloumi cheese, roasted mushrooms, cabbage slaw, beetroot, harissa mayo & chips	
Chicken Shawarma Wrap	\$14
Marinated chicken, halloumi, tomato, lettuce & harissa mayo *add side chips + \$4	
Lamb Salata	\$21
Grilled lamb loin, quinoa, fresh pickled veg, beetroot, heirloom tomato, fetta and pomegranate	
Falafel Super Salad	\$17
Wild leaves, fresh pickled veg, heirloom tomato topped with grilled halloumi, crispy falafel balls & hummus *add chicken + \$5.5	
Soup Of The Day	\$16
Ask our friendly staff for our flavour soup	
Oh My Salad	\$22
Middle spiced chicken, roasted pumpkin and cauliflower, with ancient grains and seeds, pickled carrot and cucumber, tossed with a secret tahini dressing	
Chicken Linguine	\$25
Marinated chicken, mushrooms, fresh avocado in a herb cream sauce	
Linguine Seafood	\$27
Fresh prawns, scallops, calamari, onion, garlic, fresh chilli, cherry tomato, white wine and extra virgin olive oil	
Mushroom Risotto	\$21
Mixed mushrooms & spinach cooked in a white wine & cream sauce *add chicken + \$5.5	
Seafood Risotto	\$27
Prawns, scallops, calamari, fish, cherry tomato in a herb and white wine sauce	

Sides

Bowl Chips - white / sweet potato / house cut	\$7.0
House salad	\$7.0
Sautéed greens with crispy shallots & garlic	\$7.0

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DRINKS

Coffee / Hot Chocolate / Chai Latte / Turmeric Latte / Matcha Latte

Regular	\$4.0
Large	\$4.5
Jumbo (takeaway cup)	\$5.0
Extra shot	\$0.5
Almond / Oat / Soy / Coconut / Lactose Free	\$0.4
Caramel / Vanilla / Hazelnut	\$0.4

Tea \$4.0

English Breakfast / Earl Grey / Peppermint
Honeydew Green / Lemongrass / Camomile
Fresh Chai

Brewed Chai with milk \$5.0

Iced Coffee / Iced Mocha / Iced Chocolate

Served with a scoop of ice cream \$7.5

Frappe

Milk blended with ice. Either coffee or chai \$7.5

Cold Brew Coffee \$6.0

Freshly Squeezed Juices \$8.0

Sunshine watermelon, apple, lime
Thirst Quencher watermelon, lemon, orange
Mint To Be orange, apple, mint
Gingernation orange, carrot, apple, ginger
Just Beet It beetroot, apple, orange, carrot
Sweetie strawberry, orange, pineapple, watermelon

Smoothies (with almond milk) \$8.0

Banana / Blueberry / Strawberry / Mango
Passionfruit

Super Smoothies \$12.5

Cocoa Shock

Raw cocoa, cocoa nibs, goji berries, coconut, vegan
protein, almond milk

*add peanut butter + \$2

Barry Allen

Blueberry, banana, chia seeds, lucuma, coconut, vegan
protein, almond milk

Popeye Goes Green

Kale, cucumber, spinach, celery, spirulina, banana, brazil
nuts, dates, filtered H2O

Mango Mambo

Coconut, mango, banana, passionfruit, chia seeds,
spinach, lucuma, vegan protein, almond milk

Soft Drinks \$4.5

Coke / Coke Zero / Diet Coke / Sprite
Lemon Lime Bitters / Lift / Soda / Tonic

Sanpellegrino \$4.5

Limonatta / Chinotto / Aranciata Rossa

Sparkling Water

Small \$4.5
Large \$9.0

Wine

Prosecco \$10 / \$40
Pinot Grigio \$11 / \$40
Pinot Gris \$11 / \$45
Sauvignon Blanc \$11 / \$45
Chardonnay \$11 / \$45
Rosé \$11 / \$45
Pinot Noir \$13 / \$48
Cabernet \$13 / \$48
Shiraz \$11 / \$45

Bottled Beer & Cider

Light Beer \$9
Corona \$9
Sample Brew Pale Ale \$10
Balter Pilsner \$10
Stone & Wood Pacific Ale \$13
Furphy Refreshing Ale \$10
Peroni \$10
Lick Pier Ginger Beer \$10
Bertie Apple Cider \$10

SCAN, CHECK IN, STAY SAFE

The name and contact details are being collected for the
purpose of contact tracing in the event of a suspected
COVID 19 case at this venue.

Your information will not be released to the public or
shared with any third party except the government
agency responsible for contact tracing.

